

YMCA TEES VALLEY



The opening times are subject to change so for up to date timetable contact Jerome Gordon on 01325 462452 or JGordon@ymcateesvalley.org.uk

	9:30- 10:30	10:30- 11:30	11:30- 12:30	12:30-13:00	13:00-14:00	14:00-15:00
Monday	50+ group	50+ group	BME ladies	Public Use	Public Use	
Tuesday	CLOSED					
Wednesday	50+ group	BME Males	Public Use (11.30-12.00)	BME Ladies (12:00- 13:00)	Public Use	Public Use
Thursday	BME Ladies	MIND	Public Use	Public Use	Public Use	Public Use
Friday	CLOSED					

Pay as you go £3